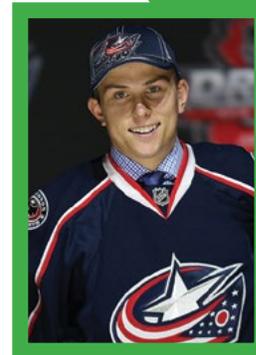


Improving brain function. Restoring lives.



**DR. LEMMO
BRAIN CENTRE**

Dr. Lemmo not only brings a different approach than everyone else with regard to concussions and sports enhancement, he also explains your brain to you and explains the functions that help you reach your full potential.
- Kerby Rychel, 1st Round NHL Draft Pick



Working with Dr. Lemmo has enhanced my vision and on-ice coordination. He has allowed me to be confident in my mental well-being.
- Taylor Hall, 1st Overall NHL Draft Pick, 2015-16 NHL All-Star

PERFORMANCE ENHANCEMENT

Maximize skills and potential.

Many factors affect an athlete's ability to perform well and consistently. At the Dr. Lemmo Brain Centre, we measure and test the cognitive and physical function of athletes to pinpoint neural or physical barriers, then build an immersive treatment protocol designed to maximize performance on and off the field or court.

The practice of performance improvement is not a modern invention. The competitive nature of humans and the desire to increase the output of the human body has existed as far back as we know. The focus of performance improvement has historically been around the consumption of chemicals or substances to increase output or performance. At the Dr. Lemmo Brain Centre, we believe that performance

enhancement does not have to be artificially created.

There are certain factors that must come together to create what is known as performance. These five key components to human performance are: planning, latency, speed, accuracy, and endurance.

We focus on helping athletes across all sports to naturally improve

performance by testing, measuring and improving those five key components. A .005 second reaction improvement to sound, light and external stimulus can represent a personal goal, a gold medal or victory.

Once our Board Certified Functional Neurologist identifies areas of decreased performance and areas of potential improvement, therapies are combined to exercise and optimize the deficient areas. These individualized plans may consist of specific eye exercises, vestibular rehabilitation, and sensory stimulation.

Call to schedule an evaluation today. (519) 972-5122
www.drlemmobraincentre.com - info@drlemmobraincentre.com



DR. LEMMO BRAIN CENTRE

Improving brain function. Restoring lives.



Dr. Anthony Lemmo FABBIR
Board Certified Functional Neurologist

The Dr. Lemmo Brain Centre treats patients suffering from brain injuries, concussions, degenerative disorders, aging-related conditions and child developmental issues that affect the brain and central nervous system. The Dr. Lemmo Brain Centre also provides care for athletes, such as NHL all-star Taylor Hall and Kerby Rychel, seeking to enhance skills and optimize performance.

Dr. Anthony Lemmo is a Board Certified Functional Neurologist that studied directly with world-renowned Dr. Ted Carrick at the Carrick Brain Center. Dr. Lemmo has been admitted as a Fellow of the American Board of Brain Injury and Rehabilitation (FABBIR) by Dr. Lorn Miller MD, FACFN, DABNP, president of the American College of Functional Neurology (ACFN) and is authorized to utilize the credential FABBIR. This esteemed accreditation represents a four-year post doctoral program in clinical neuroscience where Dr. Lemmo successfully completed the studies, clinical requirements and exams prescribed by the American College of Functional Neurology. Dr. Lemmo is one of eight FABBIRs in Canada.

Dr. Lemmo combines the latest research-backed examinations with broad-based in-office diagnostic testing to address the needs of our patients. Our integrated, evidence-based approach to diagnostics enables us to fully assess neurological function and cognition to pinpoint brain impairments that may be responsible for limiting function and cognition. The information from these diagnostics helps establish a baseline for neurological performance and a basis for secondary testing and evaluations. Once complete, the diagnostic information is used to prepare a treatment plan and to establish milestones at which to gauge our patient's progress.

Breakthrough Therapies

Our innovative therapies help restore impaired function by using the brain's natural ability to repair, compensate and adapt. The therapies target affected areas with specific activities to rebuild or redirect critical neural pathways.

- Technology-based therapies provide stimulation directly to the targeted brain or central nervous systems dysfunctional areas
- Progress testing provides continuous feedback on improvement or success
- Follow-up and in-home therapies support maximum relief or recovery

Evidence Based Diagnostics

We combine the latest research-backed examinations with broad-based diagnostic testing performed in our office. Our testing includes:

- Detailed neurological diagnostics with inputs from physical exams and gold-standard scientific equipment including Videonystagmography (VNG), Comprehensive Assessment of Postural Systems (CAPS), Saccadometry and Neuro Sensorimotor Integrator
- Comprehensive physical exam to document the patient's current condition, baseline capabilities and deficits related to brain function
- Analysis by our Board Certified Functional Neurologist to pinpoint the areas of the brain that require therapy

Individualized Care

Our Board Certified Functional Neurologist provides each patient with a custom individualized care plan designed to address specific impairments. The plan includes in-office therapies and in-home exercises that support maximum improvement on every visit.

- Custom-developed treatment plan includes inputs from physical exams and detailed diagnostic test results
- Treatment is scheduled in multiple daily therapies with progress measured frequently against initial tests and diagnostic baselines
- Treatment plans are refined as progress improves to achieve the best possible results