

Improving brain function. Restoring lives.



## DR. LEMMO BRAIN CENTRE

*Dr. Lemmo's treatments are quite remarkable. The world needs to know what Dr. Lemmo can do. It really does, because without drugs he's been able to basically put me back on my feet.*  
- Michael Somerville



*After parading through doctors and neurologists and CAT scans and MRIs and urologists and you name it, finally, the only person who could help him was Dr. Lemmo.*  
- Valerie Somerville (Michael Somerville's wife)



# DEGENERATIVE DISORDERS

Maximizing quality of life.

**Our multi-disciplinary approach to alleviating the various symptoms and manifestations of degenerative diseases and disorders is designed to address each patient's specific challenges. Evidence-based diagnostic testing forms the basis of the individualized, immersive therapies that help our patients effectively improve their condition.**

Degenerative and age-related disorders, such as Parkinson's disease, can affect the central nervous system causing postural instability, tremors at rest, stiffness and a general slowing of movement. Degenerative disorders can cause a wide range of body function loss, cognitive and behavioral changes including dementia, sleep issues and depression.

At the Dr. Lemmo Brain Centre we use the latest research-backed examinations and in-office diagnostic testing equipment to pinpoint functional and cognitive brain impairments in patients. We then design an individualized care program to address their specific challenges.

We offer an intensive, unique and immersive patient engagement

model that allows us to continuously measure progress and refine treatment regimens.

We help the brain itself restore impaired functions by encouraging targeted activity in affected areas of the brain, building new neural pathways to restore or enhance physical and cognitive function.

Our Board Certified Functional Neurologist brings the latest in therapeutic techniques to maximize the quality of life for patients with degenerative and age-related disorders.

**Call to schedule an evaluation today. (519) 972-5122**  
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# DR. LEMMO BRAIN CENTRE

Improving brain function. Restoring lives.



Dr. Anthony Lemmo FABBIR  
Board Certified Functional Neurologist

The Dr. Lemmo Brain Centre treats patients suffering from brain injuries, concussions, degenerative disorders, aging-related conditions and child developmental issues that affect the brain and central nervous system. The Dr. Lemmo Brain Centre also provides care for athletes, such as NHL all-star Taylor Hall and Kerby Rychel, seeking to enhance skills and optimize performance.

Dr. Anthony Lemmo is a Board Certified Functional Neurologist that studied directly with world-renowned Dr. Ted Carrick at the Carrick Brain Center. Dr. Lemmo has been admitted as a Fellow of the American Board of Brain Injury and Rehabilitation (FABBIR) by Dr. Lorn Miller MD, FACFN, DABNP, president of the American College of Functional Neurology (ACFN) and is authorized to utilize the credential FABBIR. This esteemed accreditation represents a four-year post doctoral program in clinical neuroscience where Dr. Lemmo successfully completed the studies, clinical requirements and exams prescribed by the American College of Functional Neurology. Dr. Lemmo is one of eight FABBIRs in Canada.

Dr. Lemmo combines the latest research-backed examinations with broad-based in-office diagnostic testing to address the needs of our patients. Our integrated, evidence-based approach to diagnostics enables us to fully assess neurological function and cognition to pinpoint brain impairments that may be responsible for limiting function and cognition. The information from these diagnostics helps establish a baseline for neurological performance and a basis for secondary testing and evaluations. Once complete, the diagnostic information is used to prepare a treatment plan and to establish milestones at which to gauge our patient's progress.

## Breakthrough Therapies

Our innovative therapies help restore impaired function by using the brain's natural ability to repair, compensate and adapt. The therapies target affected areas with specific activities to rebuild or redirect critical neural pathways.

- Technology-based therapies provide stimulation directly to the targeted brain or central nervous systems dysfunctional areas
- Progress testing provides continuous feedback on improvement or success
- Follow-up and in-home therapies support maximum relief or recovery

## Evidence Based Diagnostics

We combine the latest research-backed examinations with broad-based diagnostic testing performed in our office. Our testing includes:

- Detailed neurological diagnostics with inputs from physical exams and gold-standard scientific equipment including Videonystagmography (VNG), Comprehensive Assessment of Postural Systems (CAPS), Saccadometry and Neuro Sensorimotor Integrator
- Comprehensive physical exam to document the patient's current condition, baseline capabilities and deficits related to brain function
- Analysis by our Board Certified Functional Neurologist to pinpoint the areas of the brain that require therapy

## Individualized Care

Our Board Certified Functional Neurologist provides each patient with a custom individualized care plan designed to address specific impairments. The plan includes in-office therapies and in-home exercises that support maximum improvement on every visit.

- Custom-developed treatment plan includes inputs from physical exams and detailed diagnostic test results
- Treatment is scheduled in multiple daily therapies with progress measured frequently against initial tests and diagnostic baselines
- Treatment plans are refined as progress improves to achieve the best possible results