



Improving brain function. Restoring lives.

If you're suffering a concussion, don't just sit there and suffer. Go see Dr. Lemmo. If he tells you he can fix you, he will. - Paul Ouellette



My headaches started going away, I was more focused, loud noises didn't bother me, and bright lights were OK. I saw Dr. Lemmo for two months or more and I feel back to normal now. - Danielle Lenarduzzi



I have a really good life right now. There's no way I would have been here today without functional neurology. No way. - Holly Noble



CONCUSSION

Accelerated and sustained recovery.

The immersive therapies at the Dr. Lemmo Brain Centre help accelerate recovery from both obvious and invisible symptoms of concussions. Through targeting affected areas of the brain with intensive, multi-therapy regimens, we accelerate healing, allowing the patient to recover and resume normal activities quickly.

A concussion can be caused by a fall or a direct impact to the head, as well as by a blow to the head, neck, upper body, or by any force that results in whiplash. Symptoms of a concussive injury include headaches, dizziness, changes in vision, and altered sensitivity to light or sound. These can vary significantly in intensity and duration.

Our goal is to restore and maximize quality of life, minimize the severity of future secondary concussions, and return the patient to peak physical and mental performance.

Our Board Certified Functional Neurologist relies on evidence-based diagnostics to accurately pinpoint the impacted areas of the brain. This information is used to develop a

customized concussion treatment and management program for each patient. Individualized care plans combine intensive in-office therapies and simple in-home exercises to achieve measurable results in the shortest possible time.

Dr. Lemmo uses Prof. Carrick's proven concussion treatment protocol that has successfully treated professional athletes playing in the MLB, NFL, NBA and NHL. Athletes including Jonathan Toews, Claude Giroux and Sidney Crosby have attributed their recovery to Dr. Carrick's treatments.

Call to schedule an evaluation today. (519) 972-5122

www.drlemmobraincentre.com - info@drlemmobraincentre.com



DR. LEMMO BRAIN CENTRE

Improving brain function. Restoring lives.



Dr. Anthony Lemmo FABBIR
Board Certified Functional Neurologist

The Dr. Lemmo Brain Centre treats patients suffering from brain injuries, concussions, degenerative disorders, aging-related conditions and child developmental issues that affect the brain and central nervous system. The Dr. Lemmo Brain Centre also provides care for athletes, such as NHL all-star Taylor Hall and Kerby Rychel, seeking to enhance skills and optimize performance.

Dr. Anthony Lemmo is a Board Certified Functional Neurologist that studied directly with world-renowned Dr. Ted Carrick at the Carrick Brain Center. Dr. Lemmo has been admitted as a Fellow of the American Board of Brain Injury and Rehabilitation (FABBIR) by Dr. Lorn Miller MD, FACFN, DABNP, president of the American College of Functional Neurology (ACFN) and is authorized to utilize the credential FABBIR. This esteemed accreditation represents a four-year post doctoral program in clinical neuroscience where Dr. Lemmo successfully completed the studies, clinical requirements and exams prescribed by the American College of Functional Neurology. Dr. Lemmo is one of eight FABBIRs in Canada.

Dr. Lemmo combines the latest research-backed examinations with broad-based in-office diagnostic testing to address the needs of our patients. Our integrated, evidence-based approach to diagnostics enables us to fully assess neurological function and cognition to pinpoint brain impairments that may be responsible for limiting function and cognition. The information from these diagnostics helps establish a baseline for neurological performance and a basis for secondary testing and evaluations. Once complete, the diagnostic information is used to prepare a treatment plan and to establish milestones at which to gauge our patient's progress.

Breakthrough Therapies

Our innovative therapies help restore impaired function by using the brain's natural ability to repair, compensate and adapt. The therapies target affected areas with specific activities to rebuild or redirect critical neural pathways.

- Technology-based therapies provide stimulation directly to the targeted brain or central nervous systems dysfunctional areas
- Progress testing provides continuous feedback on improvement or success
- Follow-up and in-home therapies support maximum relief or recovery

Evidence Based Diagnostics

We combine the latest research-backed examinations with broad-based diagnostic testing performed in our office. Our testing includes:

- Detailed neurological diagnostics with inputs from physical exams and gold-standard scientific equipment including Videonystagmography (VNG), Comprehensive Assessment of Postural Systems (CAPS), Saccadometry and Neuro Sensorimotor Integrator
- Comprehensive physical exam to document the patient's current condition, baseline capabilities and deficits related to brain function
- Analysis by our Board Certified Functional Neurologist to pinpoint the areas of the brain that require therapy

Individualized Care

Our Board Certified Functional Neurologist provides each patient with a custom individualized care plan designed to address specific impairments. The plan includes in-office therapies and in-home exercises that support maximum improvement on every visit.

- Custom-developed treatment plan includes inputs from physical exams and detailed diagnostic test results
- Treatment is scheduled in multiple daily therapies with progress measured frequently against initial tests and diagnostic baselines
- Treatment plans are refined as progress improves to achieve the best possible results